

Leading Up

A FULL CUP

SALTY INFLUENCE

A GLIMMER OF HOPE



WHO I AM

A FULL CUP

One cannot pour from a empty cup

KNOW YOURSELF

who are you



INVEST IN
YOURSELF

BE
YOURSELF

- Time
- Study
- Read
- Write
- Relax
- Dare
- Make
- Feel
- Commit
- Find

*Do something
today to invest
in yourself.*

Just be yourself.
Let people see the
real, imperfect,
flawed, quirky,
weird, beautiful,
magical, person
that you are.

Be That Nurse

A SALTY INFLUENCE



Leading Up

A GLIMMER OF HOPE

- Honour publically
- Respect Time
- Do something
- Offer help, with solutions

**People who speak
English, should
understand that Afrikaans
people's English is like
airtime.
Sometimes it just runs out**

Thank You